



ANNUAL REPORT

2023

ABOUT US

The Center for Quality Family Support (CQFS) provides training, technical assistance, and implementation support for Maternal, Infant, & Early Childhood Home Visiting programs. Our mission is to deliver empowering & compassionate support to home visiting providers resulting in high quality family support services. The CQFS serves as the Central Administration for the 11 Healthy Families Michigan (HFM) sites as well as the 34 Parents as Teachers (PAT) affiliates. The CQFS also leads a Refugee Systems of Care Project that fosters connections between the home visiting system and refugee services. Additionally, the CQFS employs a Professional Development Coordinator to address the training needs of all home visiting in Michigan.

Our goals are to:

1. Strengthen Home Visiting programs to achieve high quality implementation and improve outcomes for families
2. Provide access to personalized relationship-based program support
3. Develop and inform the home visiting work force
4. Serve as the State Office for Michigan Healthy Families America and Parents as Teachers programs



www.micqfs.org



Cynthia Zagar, M.S.W., L.M.S.W. (she/her/hers)

Cynthia is the Manager for the Center for Quality Family Support and has been working in the home visiting world for 34 years. She earned her Bachelor of Social Work in 1984 from Central Michigan University and her Master of Social Work in 1992 from Wayne State University. She is a national peer reviewer and trainer for the Healthy Families America model. In this role she gets an opportunity to demonstrate that when home visiting programs are provided the necessary support and guidance, great things happen for families and the communities they live in.



Kim Harris, LBSW, CLC, IMH-E®

Kim Harris is the Center for Quality Family Support (CQFS) Model Specialist Coordinator within the Center for Healthy Communities. Kim has decades of experience in home visiting and as a supervisor. She is licensed as a Social Worker with a history of work with HFA, MIHP, and EHS; with Early On as a state-wide trainer and technical assistance provider; and is both a Certified Lactation Counselor and Infant Mental Health endorsed. Kim has a commitment to a strength-based, relationship-centered approach, and strongly believes in and advocates for the effectiveness of home visiting.



Kelly Uhlmann

Kelly is a Parents as Teachers Specialist for the Center for Quality Family Support and has been in the Early Childhood Field for over 20 years. Kelly has spent most of her career working in Head Start/Early Head Start. She and has been working with home visitors using the PAT model for the last 12 years. In this role, she is a Parents as Teachers National Trainer and provides the necessary supports and guidance for all Affiliates in MI.



Sarah Birch

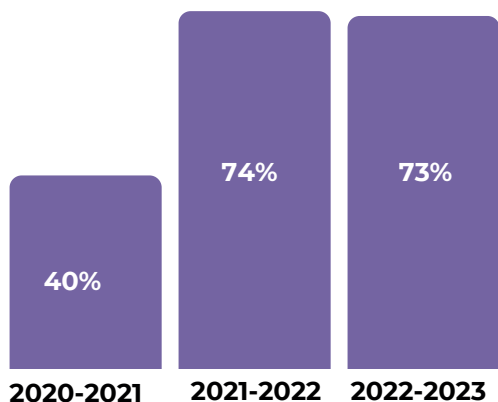
Sarah is a Parents as Teachers Specialist for the Center for Quality Family Support and a PAT National Trainer where she supports and trains affiliates across Michigan. She has been working in early childhood for 18 years where she spent many of those years in Home Visiting using the PAT curriculum. Sarah values a relationship-centered approach and uses that while supporting programs to provide quality services.

FISCAL YEAR 2023 ACCOMPLISHMENTS

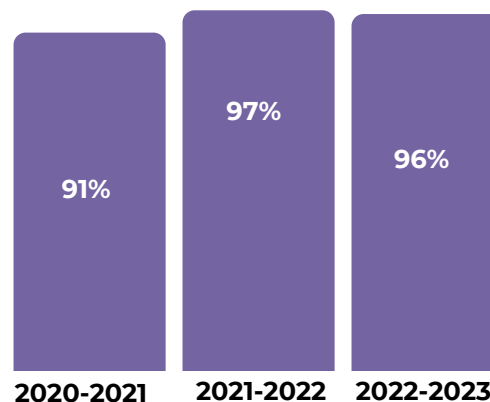
The charts below reflect the progress that Michigan PAT programs made in their adherence to the PAT National Center Essential Responsibilities (ERs) over the past three reporting years. It is clear that the Michigan PAT affiliates are committed to high quality work leading to important outcomes for children, families, and communities. The expertise of the PAT Specialists and the support provided by them contributes to the success of these affiliates and enhances their service delivery in the nuances of the home visiting practice.

Data Point	2020-2021	2021-2022	2022-2023
Total Number of Affiliates with Data Available	32	31	30
Percent of Affiliates that Met All Essential Requirements	40% (13/32)	74% (23/31)	73% (22/30)
Percent of Individual ERs Met	91% (552/608)	97% (570/589)	96% (548/570)
Percent of Essential Requirements Out of Compliance	9% (56/608)	3% (19/589)	4% (22/570)
Number of Essential Requirements Meeting the Threshold of 60% but below 75%	5% 33/608	3% 19/589	4% (25/570)

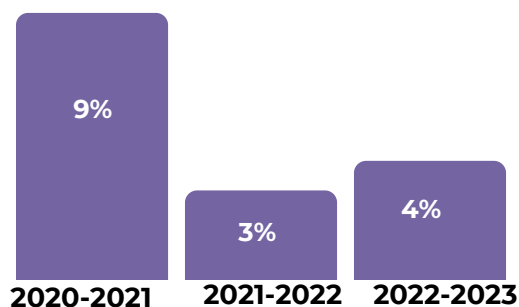
Percent of Affiliates that Met All Essential Requirements



Percent of Individual ERs Met



Percent of Essential Requirements Out of Compliance



As the State Office grows and evolves, so does the range of supports offered to affiliates. This year, there were some specialized requests from affiliates to help meet their needs. The PAT Specialists worked with the affiliates to understand their goals and unique needs.

Training

- **4** Foundational and Model Implementation (FMI) Trainings
- **4** Orientation sessions for FMI training
- **1** FMI Follow Up Training
- **1** PAT International Conference Presentation
- **1** Presentation for a PAT Affiliate

Technical Assistance

- **12** Targeted Fidelity Project Group Sessions
- **4** Supervisor/Program Manager Communities of Practice
- **3** Parent Educator CoPs
- **1** All PAT Staff CoP
- **2** Office Hour Sessions
- **1** Self-Study Review

Other Activities

- **12** Published Newsletters
- **4** Advisory Council meetings

Outcomes for families don't just happen. There are partnerships in play across the system including the one between the Supervisor and Parent Educator as well as the one between the Parent Educator and the Parent. Effective service delivery only happens when all the partners are provided support and are invested in and committed to the activities that have proven to lead to outcomes.

2023 PROGRAM REACH & SERVICES



2558 Children Served



19,565 Personal Visits Completed



1927 Families Served



2495 Group Connections Provided



1598 Family-centered Assessments Completed



1796 Families linked to at least one community resource



2061 Developmental Screens Conducted



84% Family Retention Rate (excluding moves out of the service area)

During FY23, the PAT State Office gathered feedback from local PAT affiliates on the various services and supports they provided including Community of Practice (CoP) and training sessions.

95%-100%

of CoP participants agreed or strongly agreed that the information and topics covered were meaningful for them

100%

of participants agreed or strongly agreed that the Foundational and Model Implementation (FMI) Follow Up trainings supported their work and were a good use of time

Feedback was collected from local PAT home visiting program staff in an Annual Survey that was conducted in September 2023.

Feedback included:

- ✓ The impact of CoPs and other State Office Support on improving model fidelity
- ✓ Appreciation of the time sensitive assistance from the PAT specialists
- ✓ The benefits of gathering with other local PAT home visiting staff

Suggestions for modifications included:

- ✓ Additional training/resources focusing on supporting teen/young parents
- ✓ Help navigating the PAT website
- ✓ A State Office facilitated Quality Endorsement and Improvement Process (QEIP) monthly cohort

ADVISORY COUNCIL

Parents as Teachers Representatives:

- Fatimah Bazzi- Arab Community Center for Economic and Social Services
- Kerenda Applebey- Berrien Regional Education Services Agency
- Michelle Nicholson- Ingham Intermediate School District
- Rana Smith- SOS Community Services
- Rich VanTol- Bay Area Intermediate School District

Healthy Families America Representatives:

- Diamond Dailey- Parent Representative
- Elaine Bradley- Wayne County Health Department
- Elan Bridges- Kalamazoo Health Department
- Lisa Burmeister- District Health Department 10
- Maggie Holland- Marquette County Health Department
- Stephanie Dettloff- Child and Family Services of NE Michigan

Members at Large:

- Melissa Dansereau- Michigan Department of Health and Human Services
- Tiffany Kostelec- Michigan Department of Health and Human Services

Vacant:

- HFA Representative
- PAT Parent Representative

CQFS FINANCIALS

